

## Cardio & Core Package

### BX/SG CACP

A short and effective package combining cardio exercises with core strength.

Cardio workouts are great...cardio workouts that incorporate core exercises are even better.

It's rare that people find the time to spend hours in the gym, so when they are able to squeeze in a workout, it's important to ensure they are doing the most effective exercises. This package combines 3 cardio equipment to increase the heart rate with 3 core strengthening pieces, making them the perfect full workout:

- Double Health Walker
- Waist Twister
- Parallel Rails
- Double Sit Up Bench
- Arm & Pedal Bicycle
- Sky Stepper

#### Benefits:

- Fire up your metabolism with cardiovascular exercises
- Sculpt your core with a selection of core strengthening equipment
- Feel stronger and more energetic
- Improve overall physical stability and health

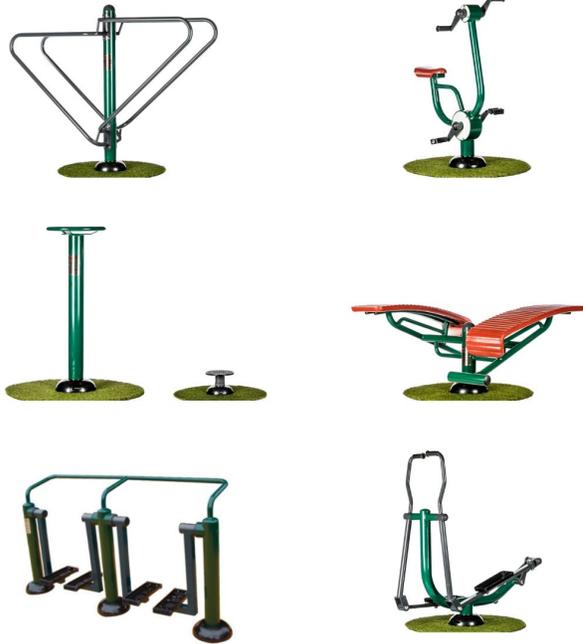
#### Number of units:

Six units with individual safety zones required.

#### Quality & Supply:

- Units are certified to BS EN 16630:2015 safety standard
- Manufactured from pre-galvanised steel
- Corrosion resistant
- Quality checked by RPII inspector prior to dispatch
- Supplied with Stainless Steel fixings

#### Users:



Broxap Ltd., Rowhurst Industrial Estate, Chesterton, Newcastle-under-Lyme, Staffordshire, ST5 6BD

All dimensions are in millimeters, weights in kilograms and capacities in litres, are approximate and do not form any part of the contract. All prices are guide prices only and should be used for estimating purposes only. Broxap Limited reserve the right to change the design, specification or price of any item sold at any time.

All prices exclude VAT and delivery.

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Suitable for simultaneous use by up to eleven users  
above 140cm / 4'7" in height.



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